



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA GYMNASTICS

1100 Woodmere, Suite A  
Traverse City, MI 49686

*This is not a TCAPS program*

Grand Traverse Bay YMCA Recreational Gymnastics classes will meet weekly for six weeks. PreTeam & Team classes are ongoing with monthly payment plan. **Y Gymnastics will have final approval on class placement.** Phone Y Gymnastics at 929-2869 with all gymnastics questions. Session dates: **Fall I (6 weeks): Week of Sept 12 – Week of Oct 17**

**Fall II (6 weeks): Week of Oct 31 – Week of Dec 12 (no class Nov 24 – 27)**

### Boys & Girls ages 1 – 3 (w/parent)

Y Members: \$25 non-Members: \$49  
 \_\_\_ Mon 10:30 am \_\_\_ Wed 10:30 am  
 \_\_\_ Thurs 10:00 am \_\_\_ Fri Noon  
 \_\_\_ Sat 10:30 am (all classes 45 minutes)

### Boys & Girls ages 3 – 4

Y Members: \$25 non-Members: \$49  
 (This class ONLY available to 3 year olds upon placement by a Y Gymnastics coach)

\_\_\_ Mon 10:30 am \_\_\_ Mon 4:30 pm  
 \_\_\_ Mon 5:30 pm \_\_\_ Tue 3:30 pm  
 \_\_\_ Tue 4:30 pm \_\_\_ Tue 5:30 pm  
 \_\_\_ Tue 6:30 pm \_\_\_ Wed 10:30 am  
 \_\_\_ Wed 4:00 pm \_\_\_ Wed 5:00 pm  
 \_\_\_ Wed 6:00 pm \_\_\_ Thurs 10:00 am  
 \_\_\_ Thurs 4:30 pm \_\_\_ Thurs 5:30 pm  
 \_\_\_ Thurs 6:30 pm \_\_\_ Fri Noon  
 \_\_\_ Sat 11:30 am \_\_\_ Sat 12:30 pm  
 (all classes 45 minutes)

### Boys & Girls ages 5 – 6

Y Members: \$25 non-Members: \$49  
 \_\_\_ Mon 10:30 am \_\_\_ Mon 4:30 pm  
 \_\_\_ Mon 5:30 pm \_\_\_ Tue 3:30 pm  
 \_\_\_ Tue 4:30 pm \_\_\_ Tue 5:30 pm  
 \_\_\_ Tue 6:30 pm \_\_\_ Wed 10:30 am  
 \_\_\_ Wed 4:00 pm \_\_\_ Wed 5:00 pm  
 \_\_\_ Wed 6:00 pm \_\_\_ Thurs 10:00 am  
 \_\_\_ Thurs 4:30 pm \_\_\_ Thurs 5:30 pm  
 \_\_\_ Thurs 6:30 pm \_\_\_ Fri Noon  
 \_\_\_ Sat 11:30 am \_\_\_ Sat 12:30 pm  
 (all classes 45 minutes)

### Boys Only ages 7 & up Beginner

Y Members: \$30 non-Members: \$54  
 \_\_\_ Mon 4:30 pm \_\_\_ Tue 6:30 pm  
 \_\_\_ Wed 5:00 pm (all classes 55 minutes)

### Boys Only Int/Advanced

Y Members: \$30 non-Members: \$54  
 \_\_\_ Wed 6:00 pm \_\_\_ Thurs 6:30 pm  
 (all classes 55 minutes)

### **PARENTS PLEASE NOTE:**

*Y Gymnastics is a progressive program. To assure the best and safest coaching for your child and other children, class placement by our coaches is necessary.*

### Beginner Girls ages 7 & up

Y Members: \$30 non-Members: \$54  
 (This class ONLY available to 7 year olds upon placement by a Y Gymnastics coach)

\_\_\_ Mon 4:30 pm \_\_\_ Mon 5:30 pm  
 \_\_\_ Mon 6:30 pm \_\_\_ Tue 4:30 pm  
 \_\_\_ Tue 5:30 pm \_\_\_ Tue 6:30 pm  
 \_\_\_ Wed 5:00 pm \_\_\_ Wed 6:00 pm  
 \_\_\_ Thurs 4:30 pm \_\_\_ Thurs 5:30 pm  
 \_\_\_ Thurs 6:30 pm \_\_\_ Sat 10:30 am  
 (all classes 55 minutes)

### Int ages 6 & up 1 or 2 day s/week

1 day: Y Members: \$46 non-Members: \$70  
 2 day: Y Members: \$76 non-Members: \$100  
 (coach recommendation required)  
 \_\_\_ Mon 5:30 pm \_\_\_ Tue 4:30 pm  
 \_\_\_ Wed 5:00 pm \_\_\_ Thurs 4:30 pm  
 \_\_\_ Sat 9:30 am (all classes 1hr 55min)

### Advanced 1 or 2 days per week

1 day: Y Members: \$46 non-Members: \$70  
 2 day: Y Members: \$76 non-Members: \$100  
 (coach recommendation required)  
 \_\_\_ Mon 5:30 pm \_\_\_ Tue 4:30 pm  
 \_\_\_ Wed 6:00 pm \_\_\_ Thurs 4:30 pm  
 \_\_\_ Sat 9:30 am (all classes 2 hours)

### **PRIVATE LESSONS**

Y Members: \$20/ half hr  
 non-Members: \$4/ half hr

### **FUN MEET TEAMS**

#### Pre-Team Levels 3-4 (4 hrs)

Y Members: \$66/mo non-Members: \$80/mo  
 \_\_\_ Tues & Thurs 4:30 – 6:30 pm

#### Pre-Team Levels 3-4 (6 hrs)

Y Members: \$84/mo non-Members: \$98/mo  
 \_\_\_ Tues & Thurs 4:30 – 7:30 pm

### **COMPETITION TEAMS**

**SAVE \$10 OFF** listed rate for payments received before the 1<sup>st</sup> of each month. **ADD \$10** late fee to listed price for all payments received after the 5<sup>th</sup> of the month due.

#### Team Levels 4-5 (9 hrs)

Y Members: \$125/mo non-Members: \$139/mo  
 \_\_\_ Mon, Tue, Thurs 4:30–7:30 pm

#### Team Level 5 (12 hr)

Y Members: \$145/mo non-Members: \$159/mo  
 \_\_\_ Mon, Tue, Thurs 4:15–8:15

#### Team Levels 5-6 (16 hr)

Y Members: \$189/mo non-Members: \$203/mo  
 \_\_\_ M,T,Th 4:15 – 8:15 pm, Sat 9:30 – 1:30

#### Team Levels 6-8 (20 hr)

Y Members: \$235/mo non-Members: \$249/mo  
 \_\_\_ M,T,W,Th 4:15 – 8:15 pm, Sat 9:30 – 1:30

#### Team Levels 8-10 (24 hr)

Y Members: \$265/mo non-Members: \$279/mo  
 \_\_\_ M-F 3:30 – 7:30 pm, Sat 9:30 – 1:30

Name \_\_\_\_\_ Male/Female Address \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_ Birthdate \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mother's Name \_\_\_\_\_ (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ Current Y Member?: Yes/No

Father's Name \_\_\_\_\_ (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ Member Exp Date \_\_\_\_\_

**Liability Release, Sportsmanship Pledge, and Understanding of Mission:** I hereby assume all risks incidental to the above person's participation and waive, release, absolve, indemnify, and agree to hold blameless the Grand Traverse Bay YMCA, its organizers, volunteers, sponsors, and other participants for any claim arising out of injury to said person during such participation. I give my permission to the Grand Traverse Bay YMCA for this registrant to appear in photographs, videotapes, etc. associated with YMCA programs. PARENTS: Our staff is trained in child abuse prevention and all sign a code of conduct. Please report any suspicious activity immediately. *I will at all times display the YMCA values of honesty, respect, caring, and responsibility and encourage all gymnasts and coaches in a positive manner. I understand the Y mission in offering this program: to build strong kids, strong families, and strong communities.*

Signed \_\_\_\_\_ Date: \_\_\_\_\_

For Office Use Only:

Date received \_\_\_\_\_ Received by \_\_\_\_\_ Amount received \_\_\_\_\_

Method of payment: cash \_\_\_\_\_ check \_\_\_\_\_ VISA/MC# \_\_\_\_\_ Expiration Date \_\_\_\_\_